

Little Ninjas FAQ

Q: How long is class?

A: Class is 30 minutes long

Q: Can parents stay and watch class?

A: Yes. Actually, parents must stay in the dojo for the duration of the class

Q: What do I do if my child misbehaves in class?

A: Refrain from reprimanding your child during class. Allow the instructor to manage your child's behavior. If it persists and the child is just unwilling to cooperate, the instructor will escort the child off the training floor, and return them to you. Depending on the severity, the child may just need a few moments to settle down, or may need to simply go home. REMEMBER, these are 3 nd 4 year olds who, for some, are just learning how to manage their behavior in a class setting. This does not mean your child is a discipline "problem". Its a learning experience and part of the process.

Q: How long should I make my child practice at home?

A: Don't "make" your child practice. Instead, encourage them to show you what they learned in class. This will build a sense of pride in their karate, and it will show them that you are interested in what they are learning.



Little Ninjas FAQ Cont.

Q: What if my child keeps walking over to me during class

A: For many kids, Little Ninjas is their first “organized” activity. If they leave class to come see you, gently encourage them to return to the training floor. If it is because they are unsure of the class, or timid, simply sit with them at the edge of the training floor and allow them to observe and gain confidence.

Q: What do I do if my child “uses” their karate and strikes another?

*A: Remind the child that karate is not to be used when they are Frustrated, Upset, or Mad
(What we refer to as “FUMing”)*

Let the instructor know at the next class so they can address that topic with the class in a general manner

Q: How do students earn belts?

A: We don't hold belt tests for this age group. As a child grows in their abilities in class, the instructor will award belt advancement when the student consistently exhibits proficiency.

Q: What can I do if my child starts falling behind the other students?

A: In karate, there is no “falling behind”. Unlike many other activities, karate is 100% about personal growth. No two students will ever be compared to each other. Belt advancement and success in karate is based on individual growth.



Little Ninjas FAQ Cont.

Q: What do you teach in class?

A: Little Ninjas is a program that uses the basic movements and techniques of Wado Ryu karate as a vehicle to help students develop skills in eight basic life skills: Balance, Fitness, Control, Discipline, Teamwork, Coordination, Focus, and Memory. These skills are highlighted in short 5 minute activities during class. Each class will focus on one or two of these skills. By the time a student reaches age 5, they will have a solid foundation of karate skills to joining our Youth Program.

Q: Where do I buy their karate uniform?

A: A uniform (gi) is part of each student's enrollment. There is no need to buy any karate equipment. We do allow Osapurē Karate t-shirts to be worn in class in lieu of the traditional uniform jacket. These are available for purchase through our website

Q: How often are sessions offered?

A: Osapurē Karate does not offer sessions. We operate on a "rolling enrollment" basis. Our classes are held year round, and each student's journey in karate starts when they enroll. So, you can enroll at any time.

Q: How do I enroll my student?

A: The first step is to come in and have your child try a class for free. We don't worry about enrolling until a child is comfortable enough to complete an entire class. When that happens, we will discuss enrollment options with you. Many students take multiple "trial classes" before becoming comfortable.



Counting In Class

1. *Ich* (pronounced "itch")
2. *Ni* (pronounced "knee")
3. *San* (pronounced "san")
4. *Shi* (pronounced "she")
5. *Go* (pronounced "go")
6. *Roku* (pronounced "roke")
7. *Sichi* (pronounced "seech")
8. *Hachi* (pronounced "ha-tch")
9. *Kyuu* (pronounced "coo")
10. *Juu* (pronounced "joo")



Dojo Etiquette

Please Abide By These Simple Points of Etiquette

Bow and say a strong confident “osu” when entering and exiting the dojo.

Bow and say a strong “osu” when entering and exiting the training floor.

Arrive at least 10 minutes before class is set to begin. If you are late and class has begun, quietly sit in seiza at the edge of the training floor and wait to be invited on to the training floor by the instructor

Always wear the proper uniform for class. This is either the full gi, or gi pants with an Osupurē Karate t-shirt. Do not wear random t-shirts.

Always have your belt for class.

Do not chew gum or eat food during class or in the dojo

Do not walk on the training floor with shoes on your feet

Do not bring a disruptive or lackadaisical attitude to class

If you are feeling ill, even if its just a “little cold”, STAY HOME

If you miss class, make it up the following week

Turn off all cell phone sounds before class

Please keep all conversations to a quiet volume while classes are in session

Never try to get a student’s attention or distract a student during class

